

FUN FOR THE WHOLE FAMILY: *Winter Activity Booklet!*



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Fun Family Activities

TO DO INDOORS THAT WILL KEEP YOU WARM

- Have a **dance party** with your favorite songs
- Try a **freeze dance party**! When someone stops the music you have to stay as still as possible
- Take out your favorite **board game** or even **borrow one** from the library for a **family game night**!
- Follow a **virtual museum tour** online
- Plan a **talent show** with your family and friends
- Show off your kitchen skills and try a new **cooking or baking** recipe with your family!
- Get **creative and make art**! This can include writing a song, making a dance, writing a story or drawing
- **Fashion show time**! Try on your clothes and host your very own fashion show. If you come across clothes you do not need anymore be sure to **put them aside for donation**
- Go **indoor ice skating**! Move around the house with paper plates or tissue boxes under your feet. Stay safe and be careful!
- Cut out **paper snowflakes**, toss them in the air or ask a friend to and see how many you can **catch**
- **Spread paper snowflakes** on the ground and try to **jump** from one to the other
- **Hang paper snowflakes** up and see if you can jump high enough to reach them
- **Build a snowman** using boxes, paper, tape, and crayons
- Use rolled-up socks or paper balls and play **snowball toss**!
- Play **hide and seek**
- **Read a new book**! You can also listen to audiobooks
- Have a **karaoke night** with your friends

KEEP READING FOR MORE IDEAS ON WHAT TO BAKE, WHERE TO GO,
AND HOW TO USE THE RESOURCES AROUND YOU FOR MORE FUN!



Yogurt Parfait

Prep time: 5 min

INGREDIENTS

1/2 cup plain yogurt
2 tsp honey

1 cup assorted fruits chunks of
your choice
1/4 cup granola



DIRECTIONS

1. Mix the honey and yogurt
2. Add 1/2 the yogurt mixture to the bottom of your glass
3. Add 1/2 cup of your fruit
4. Add the other half of the yogurt into the glass
5. Add the other 1/2 cup of fruit
6. Top with granola and enjoy!

Bread in a bag

Prep time: 50 min

Cook time: 25 min

INGREDIENTS

3 cups plain flour
3 tablespoons granulated
sugar
1.25oz packet rapid rise yeast

1 ½ tsp salt
1 cup of warm water
3 tablespoons olive oil



DIRECTIONS

1. Open up your zip lock bag and place it in a big bowl.
2. Put 1 cup flour into a large zip top bag, with 3 tablespoons sugar, 1.25oz packet of rapid rise yeast, and 1 cup of warm water.
3. Let the air out of the bag, then seal bag closed and mix from the outside of the bag with your hands. Let the mixture sit for 10-15 minutes. The warm water and sugar will activate the yeast during this time.
4. After your time is up, open the bag and add 1 cup of flour, 1 ½ teaspoons of salt, and 3 tablespoons of olive oil. Seal the bag, and mix it up again.
5. Add 1 more cup of flour, seal, and mix again.
6. Remove the dough from the bag and knead for at least 10 minutes on a piece of floured parchment paper to prevent dough from sticking.
7. Cover with a warm damp hand towel and let rest for 30 minutes.
8. Place in a greased bread pan and bake for 25 minutes at 375 degrees.
9. When time is up, take out your bread and cool for a few minutes before eating. Enjoy your yummy, fresh baked bread!

English Muffin Pizza

Prep time: 5 min

Cook time: 10 min

INGREDIENTS

6 English Muffins
1 ½ cups tomato sauce

1 ½ cups shredded mozzarella
Toppings of your choice



DIRECTIONS

1. Preheat your oven to 400 degrees.
2. Cut your English muffin in half.
3. Spoon on some tomato sauce. We recommend ¼ cup of sauce per one English Muffin (two pizzas).
4. Top with shredded mozzarella cheese.
5. Add your toppings of choice.
6. Bake the English Muffin Pizzas for 10 minutes, or until the cheese melts to your liking.
7. Take out of the oven, let cool and enjoy!

Cake Mix Cookies

Prep time: 7 min

Cook time: 12 min

INGREDIENTS

1 cake mix box (any flavor)
2 large eggs

½ cup oil
Frosting of choice

DIRECTIONS

1. Heat your oven to 350° F and line a cookie sheet with some parchment paper
2. In a large bowl, combine cake mix, eggs and oil until well blended with an electric mixer.
3. Scoop 2 tablespoons of cookie dough onto prepared cookie sheet and place about 2-inches apart. Bake for 10-12 minutes.
4. Cool your cookies for 5 minutes on the pan then transfer cookies to a rack to cool for a few more minutes.
5. If you are adding frosting, allow cookies to cool completely then top with frosting so it does not melt



Tips for fun trips!

Check at your local library what resources are available to you. All you need is a library card and you will be able to get free museum passes, borrow board games, video games, hand puppets, books, audiobooks, movies, albums and more. Libraries also host amazing events like craft nights and story time readings. Below are some libraries close by and a couple of museums passes they offer.

Hartford Public Library Free Admission Museum Passes:

- Connecticut River Museum
- Connecticut Trolley Museum
- Eric Carle Museum of Picture Book Art
- New Britain Museum of American Art
- New England Carousel Museum and Museum of Fire History
- New Britain Youth Museum/Hungerford Nature Center
- White Memorial Conservation Center and Nature Museum
- Wadsworth Atheneum

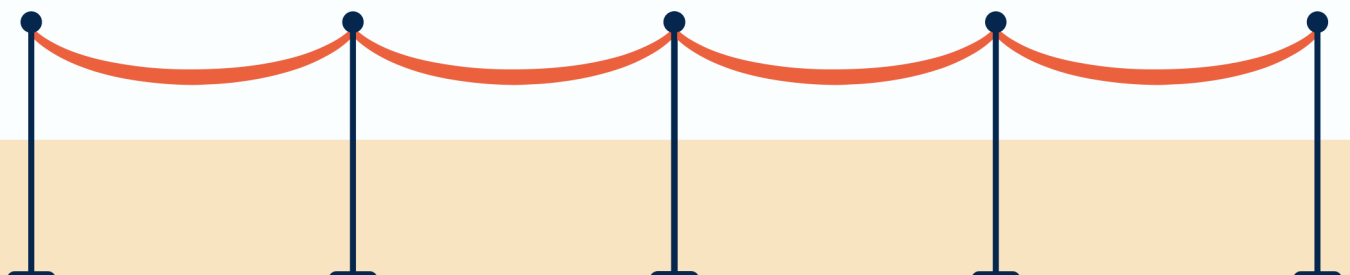
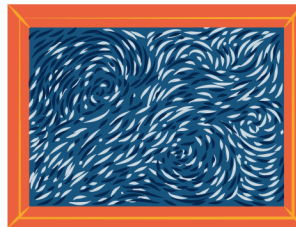
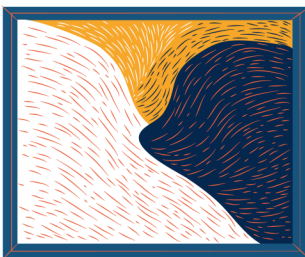
New Britain Public Library Admission Museum Passes:

- Connecticut's Old State House
- New England Carousel Museum
- New Britain Youth Museum At Hungerford Park
- Wadsworth Atheneum Museum of Art



Visit

- **Stepping Stones Museum** (Norwalk, CT) – **FREE every first Thursday** of the month from 5:00 pm – 8:00 pm
- **Aldrich Contemporary Art Museum** (Ridgefield, CT) – **FREE every third Saturday** of the month. Features kid-friendly art projects and tours of the galleries.
- **Connecticut Historical Society Museum** (Hartford, CT) – **FREE on the first Saturday** of the month. They often hold family-friendly and creative activities.
- **New Britain Museum of American Art** (New Britain, CT) – **FREE on Saturdays** if you arrive between 10:00 am – 12:00 pm.
- **Wadsworth Atheneum** (Hartford, CT) – This venue is **FREE for families on the second Saturday** of the month if you arrive between 10:00 am and 1:00 pm. They also hold family-friendly events.
- **Yale University Art Gallery** – This venue is **always FREE** and open to the public, but on the second Sunday of each month during the academic year (September-May) they also offer their unique Stories and Art program geared towards families at 1:00 pm.
- **Michaels Stores** (nationwide) – Hold kids club arts & crafts workshops every Saturday morning where kids can **create a project for \$2**.
- **Barnes & Noble** (nationwide) – Hold **free weekly story-time sessions** that sometimes also include a cute arts & crafts project.



Outdoor Winter Fun

Don't miss this perfect winter chance to enjoy some outdoor fun safely with family and friends. Check out these places that may be open for ice skating, ice fishing and sledding depending on the weather. Be sure to check with the town on when these areas are open to the public and safe to visit! You may need to bring your own sled, skates or pay a small fee to borrow equipment.



SLEDDING HILLS

- Elizabeth Park (Hartford)
- Page Park (Bristol)
- Goodwin Park Golf Course (Hartford)
- Wickham Park (Manchester)



EASTBURY POND

- Glastonbury*
- Ice Skating



BEAVERBROOK LINEAR PARK

- Wethersfield*
- Ice Skating



VETERANS MEMORIAL RINK

- West Hartford*
- Ice Skating
 - Hockey



KENEY COVE

- Glastonbury*
- Ice fishing



WETHERSFIELD COVE

- Wethersfield*
- Ice fishing



BATTERSON PARK POND

- New Britain*
- Ice fishing



Paper Snowflake

Cut out the square below, fold **diagonally** in the middle to create a triangle. Keep the main shaded design on top while you go through these steps. **Then, fold again** in half to create an even smaller triangle. **Next**, fold the left section towards the back. The **last fold** is to fold the right section toward the back as well. Now you can **get your scissors** and **cut away the shaded areas** around the design. **Unfold your paper** and enjoy your magical paper snowflake!

