Colorful Creations

YOUR GUIDE TO CREATIVE PAINTING ACTIVITIES FOR ALL AGES

SOLTERRA Academy
LEADING STUDENTS TO NEW HEIGHTS

Painting With Tape

Materials: Canvas | Masking tape | Paint | Paint Brushes

1. **Gather Your Supplies:** For this project, you'll need canvas or thick paper, masking tape, paint and paint brushes.
2. **Plan Your Design:** Before you start taping, think about the design you want to create. It could be an abstract pattern, a name, a shape, or anything else you can imagine.
3. **Apply the Tape:** Once you have a design in mind, apply the tape to your canvas or paper. Make sure it's stuck down firmly so paint won't seep underneath.
4. **Start Painting:** Now comes the fun part - painting! Paint over your entire canvas, including over the tape. Don't worry about staying in the lines - the tape will protect the areas underneath it.
5. **Let it Dry:** After you've finished painting, let your masterpiece dry completely. This might take a couple of hours, so be patient!
6. **Peel Off the Tape:** Once the paint is completely dry, carefully peel off the painter's tape. You'll see your design revealed in the unpainted areas.

Remember, there are no rules in art, so feel free to experiment and have fun with it!

Shaving Cream Art

Materials: Large plate or baking tray | Shaving cream | Food coloring or Watercolor paints | Paintbrush for swirling | Thick paper

1. **Prepare Your Canvas:** Fill your tray or plate with shaving cream, smoothing it out to form an even layer.
2. **Add Some Color:** Drop your chosen colors onto the shaving cream. Be creative - you can make dots, lines, or any pattern you like.
3. **Swirl Your Design:** Using your stick or the end of your paintbrush, gently swirl the colors around in the shaving cream to create your desired design. Don't mix it too much, or the colors might blend together into a muddy color.
4. **Dip Your Paper:** Lay your paper on top of the shaving cream and gently press down, ensuring all parts of the paper come into contact with the shaving cream. Be careful not to shift the paper sideways as you do this.
5. **Lift and Scrape:** Carefully lift your paper from the shaving cream, then use a straight edge (like a ruler or a piece of cardboard) to scrape off the excess shaving cream. This will reveal your beautiful, swirled design!
6. **Let it Dry:** Place your paper in a safe place and allow it to dry completely. This could take a couple of days, so be patient.
7. **Admire Your Work:** Once dry, admire your one-of-a-kind shaving cream artwork!

Handprint Paintings

Materials: Canvas | Washable paints | Paint brushes | Hand washing station

1. **Plan Your Design:** Think about what kind of design you want to create. You could make a tree with handprint leaves, a family of handprint animals, or a handprint for each member of your family.
2. **Prepare the Paint:** Pour your chosen paint colors into shallow dishes or painting trays. Make sure there's enough room for a hand to fit!
3. **Dip in Your Hand:** Dip your hand into the paint, making sure to cover your entire palm and fingers. You might need to move your hand around a bit to get an even coating of paint.
4. **Make Your Mark:** Press your painted hand onto the canvas or paper. Be sure to apply a bit of pressure to ensure a clear print, but be careful not to move your hand sideways, or your print might smudge.
5. **Wash and Repeat:** Rinse and dry your hands, and then repeat steps 4 and 5 as many times as you'd like, using different colors if you want.
6. **Let it Dry:** Allow your artwork to dry completely. It may take a couple of hours
7. Once dry, step back and take a look at your unique handprint masterpiece. Think about where in your house it could be displayed!

Remember, the most important part of this activity is to have fun and enjoy the process of creating art together.

Bubble Painting

Materials: Thick Paper | Cups | Food coloring | Dish soap | Water | Straws

1. **Gather Your Supplies:** Decide how many colors you want to use. Then mix a drop of dish soap and water in a cup. Repeat this step according to the number of colors being used.
2. **Add Some Color:** Add a few drops of food coloring into a cup. Repeat this step according to the number of colors being used.
3. **Safety Note:** Ensure that all paint and colored bubbles are kept away from the mouth. Art materials can be harmful if ingested, and it's important to maintain gentle breaths while blowing bubbles to prevent any accidents.
4. **Create the Bubbles:** Place a straw in each cup and mix the dish water and the food coloring. Blow into the straws to create the bubbles.
5. **Create Your Design:** Once the bubbles have formed, place your sheet of paper on top of the bubbles. Repeat this step for as many colors you want to add on to your design.
6. **Let it Dry:** Place your paper in a safe place and allow it to dry completely.

Remember, its very important never to inhale through the straw while its in the soap mixture. Always blow out, never suck in.

Water Squirt Toy Art

Materials: Water squirt toy | Canvas or Thick Paper | Washable Paint | Cups

1. **Prepare Your Paint:** Mix your chosen paint colors with water in separate cups or squeeze bottles. You'll want a thin, watery consistency that can be put into the water squirt toy.

2. **Load Your Water Blaster:** Carefully draw the paint and water mixture up into the toy. If you're using multiple colors, you might want to have a separate toy for each color, or be ready to rinse it between colors.

3. **Create Your Art**: Stand a fair distance away from your paper or canvas (which should be laid out or hung in an area where you don't mind getting paint) and gently squeeze the water blaster to squirt the paint onto your canvas. Experiment with different distances and angles for different effects.

4. **Switch Colors:** Once you're done with one color, rinse out your water squirt toy (if you're using just one) and load it with the next color. Continue to spray your canvas until you're satisfied with your artwork.

5. **Let it Dry:** Allow your artwork to dry completely. Depending on the amount of paint you used, this might take a few hours or even overnight.

Remember to clean out the toy after you are done with your painting so it does not dry and block teh toy from being used in the future!